

## Unit 11 - Resident Care Procedures

### Terminology

1. **Compress** - localized application of warmth or cold.
2. **Defecation** - a bowel movement, process of eliminating waste products from the bowel.
3. **Enema** - introduction of fluid into the rectum and colon.
4. **Feces** - solid human waste products in the colon.
5. **Flatus** - gas or air found in the stomach or intestines.
6. **Sitz bath** - equipment used to provide moist heat to the genital and anal area.
7. **Voiding** - emptying the bladder of urine